IN THE SPECIFICATION

After the second full paragraph on page 2 of the
Specification, before line 15, insert the following new section.

Figure 1A shows an example of a worst-case situation for writing
dummy data for a simple write scheme where a complete data zone in
a layer is filled with dummy data.

Figure 1B shows an example of the invention where user data is
alternately written to different layers.

Figure 2 schematically depicts paths, write sequences, and layer
jumps of a write operation of the method of figure 1B.

Figure 3A -3F illustrates the steps of a first embodiment of the
method of the invention for writing user data to the two layers of
the disk.

Figure 4 illustrates the steps of a second embodiment of the method
of the invention for writing user data to the two layers of the
disk.

Figure 5A -5B illustrates the steps of additional embodiments for
the method of the invention for writing user data to n layers of
the disk.

Figure 6 is a table comparing the best-case and worst-case for
writing dummy data using the simple write scheme of Figure 1A and
the write scheme of the invention.